

**Dr Atkins' Diet Revolution The High
Calorie Way To Stay Thin Forever**

By ROBERT ATKINS

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<http://www.fatsecret.com/diets/member-diet/Default.aspx?dietid=279707>

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Robert C. Atkins, MD - WebMD - Better -

Robert C. Atkins, MD, is the founder and medical chairman of The Atkins Center for Complementary Medicine, in New York City. A 1951 graduate of the University of

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Atkins diet, also known as Atkins nutritional approach, is a low-carbohydrate diet promoted by Robert Atkins from a research paper he read in The Journal of the

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